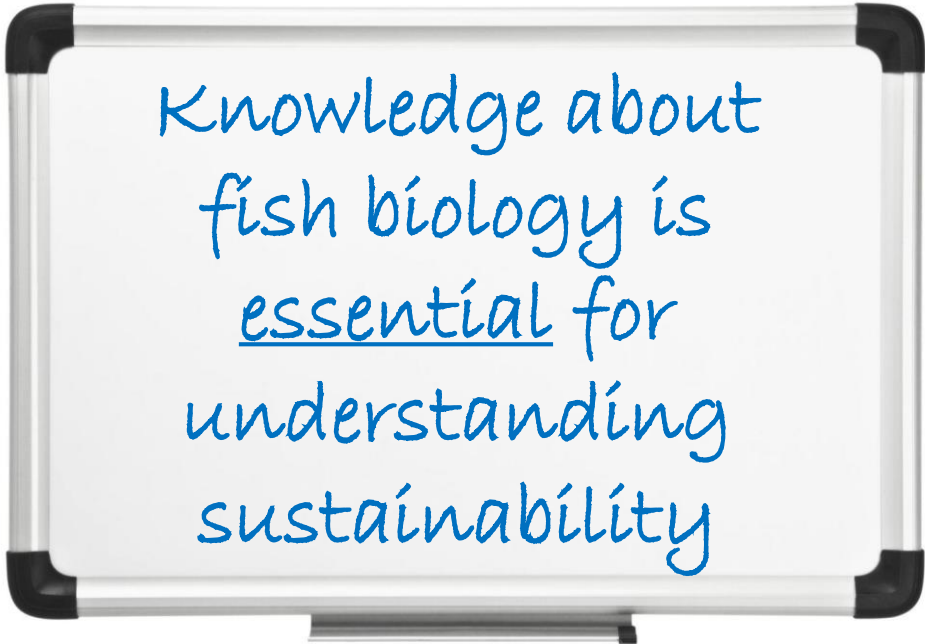


Fish Biology and Sustainability

Tara Marshall

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What do you think sustainability means?



Knowledge about
fish biology is
essential for
understanding
sustainability

Graham's Theory of Sustainable Fishing (1935)

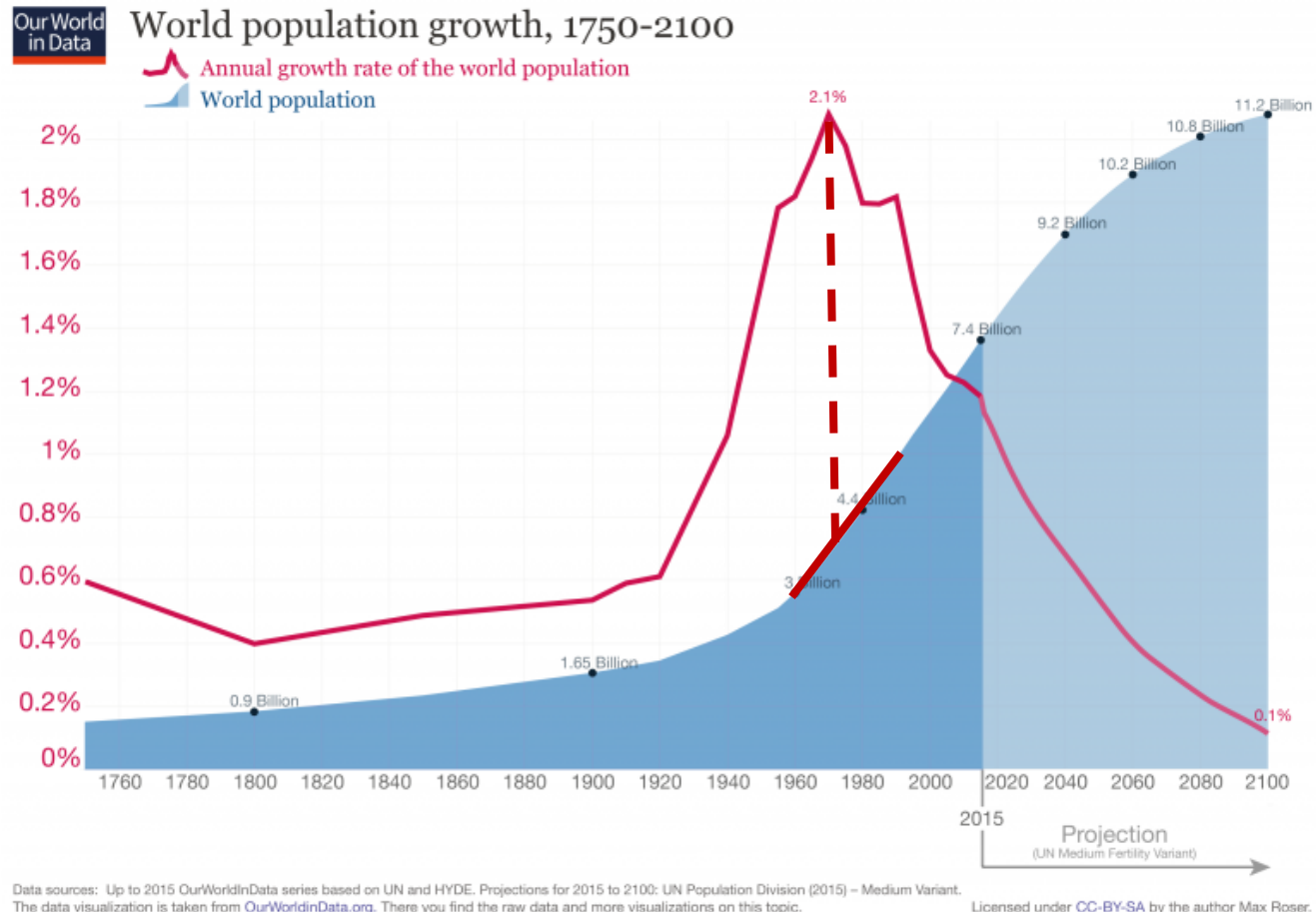
$$\text{MSY} = \frac{\text{population growth rate} \times \text{carrying capacity}}{4}$$

**MSY will be higher when
population growth rates
are high *AND* positive**



Michael Graham was Britain's chief fisheries scientist after World War II

Population growth rates are familiar when applied to human populations

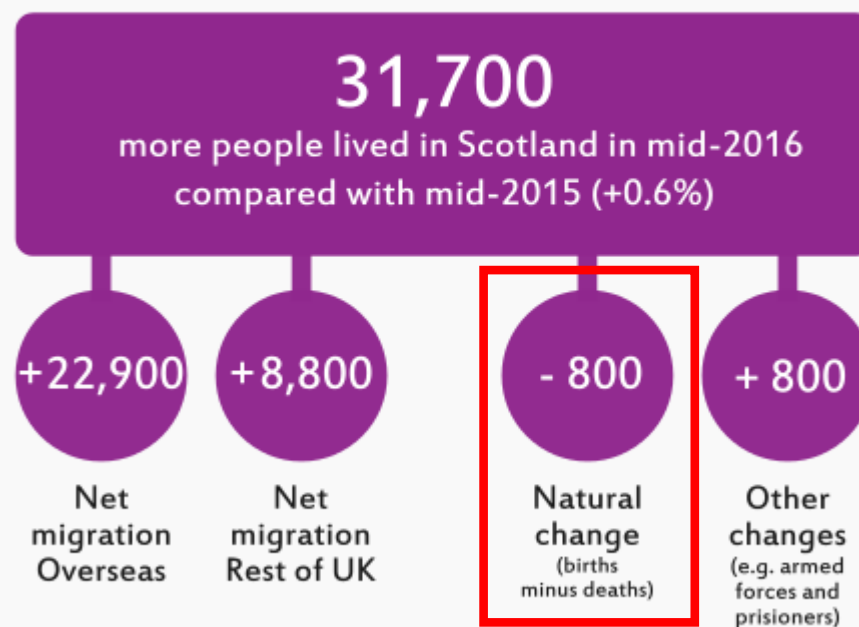


<https://ourworldindata.org/world-population-growth>

Population **increase** happens when population growth rate is **+’ve**

Population **decline** happens when population growth rate is **–’ve**

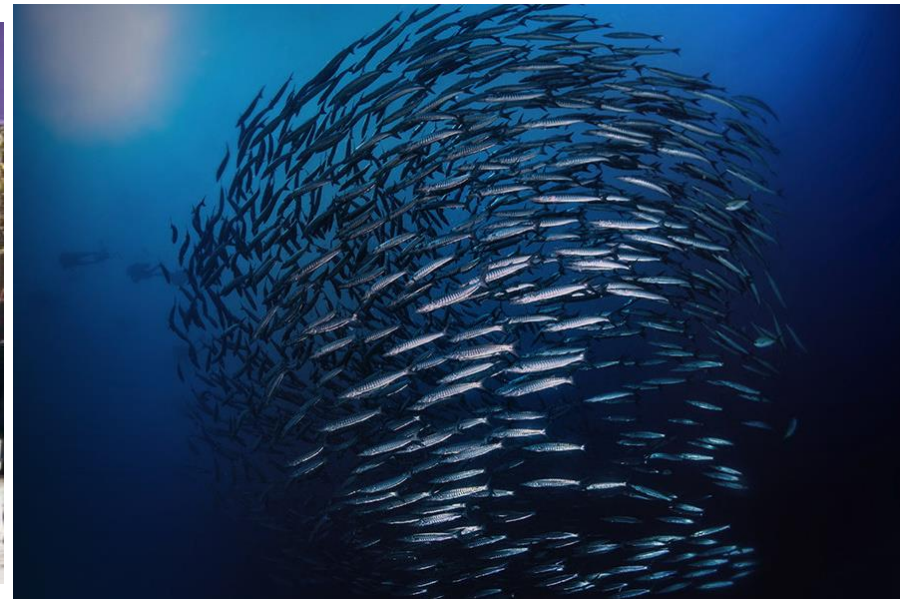
Why has Scotland's population increased?



Projecting population growth rate is essential to planning for the future



Schools
Health care
Transportation



Harvesting rates

For fishing, biomass is a more intuitive measure than population growth rate

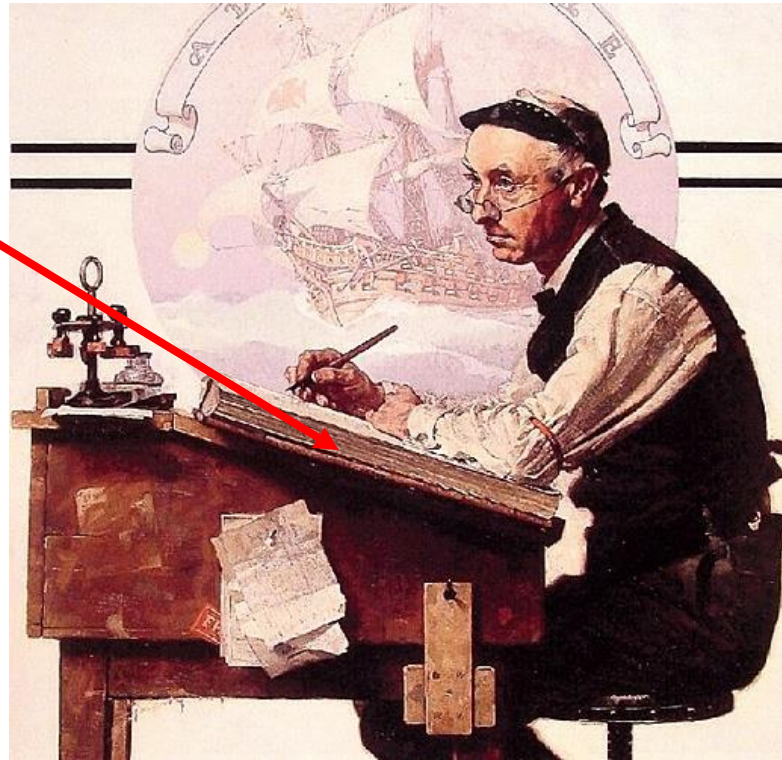


1. estimate total biomass of the fish stock
2. estimate fraction of total stock biomass that can reproduce
3. determine fraction of mature stock that can be sustainably removed
 - *that fraction needs to ensure that population growth is positive after accounting for removal*

Stock assessment

Stock assessment is the bookkeeping for estimating **population growth** and therefore **yields**

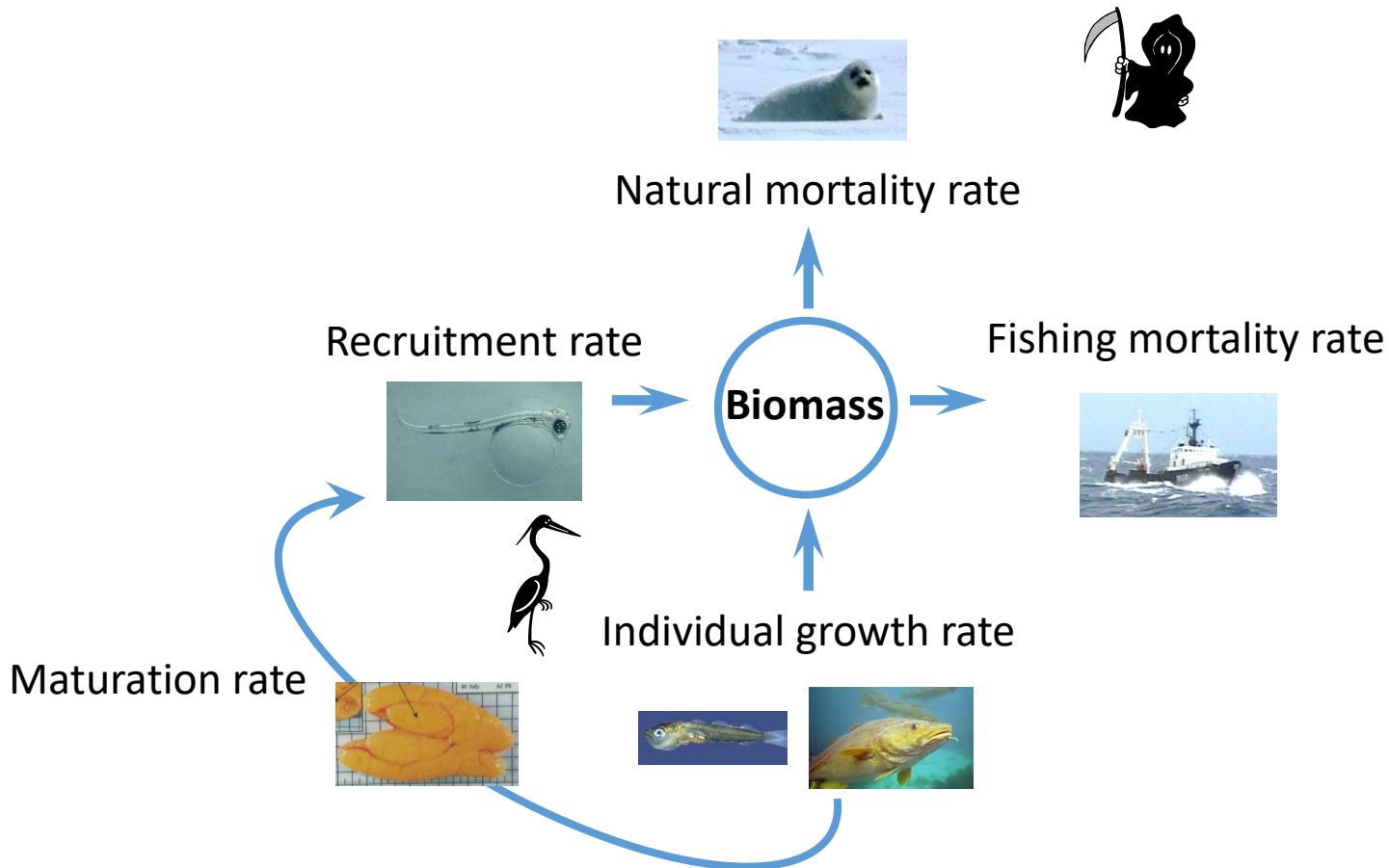
**biology is
what's in the
books**



On Wednesday:
*Stock Assessment &
Modelling*

*Demystifying ICES Stock
Assessment Sheets*

Population growth rate depends on 5 “vital” rates



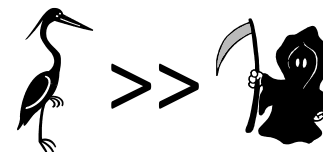


Individual growth rate
Maturation rate
Recruitment rate
Natural mortality rate



Fishing mortality rate

We need to know all these **vital rates**
so we can determine



Estimating rates requires knowing age
just like in human populations!

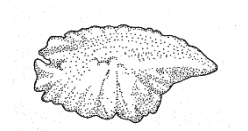


Is this a small, old cod
or a big, young cod?



Vital Rate 1: Individual growth rate

Growth is the rate of production of new tissue (per year)



Increase in length

fixed tissues: skeleton, circulatory and nervous tissue

Condition

storage tissues: fat, muscle

Reproduction

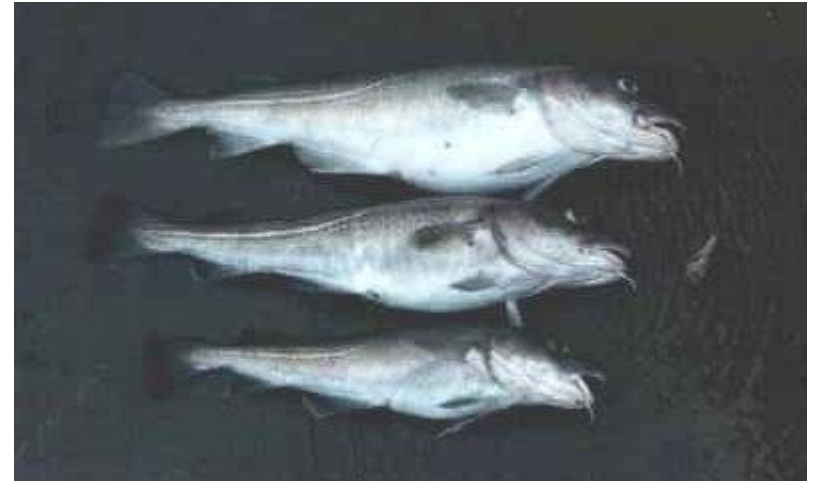
gonads

Individual fish gain and lose these in response to activities and environment

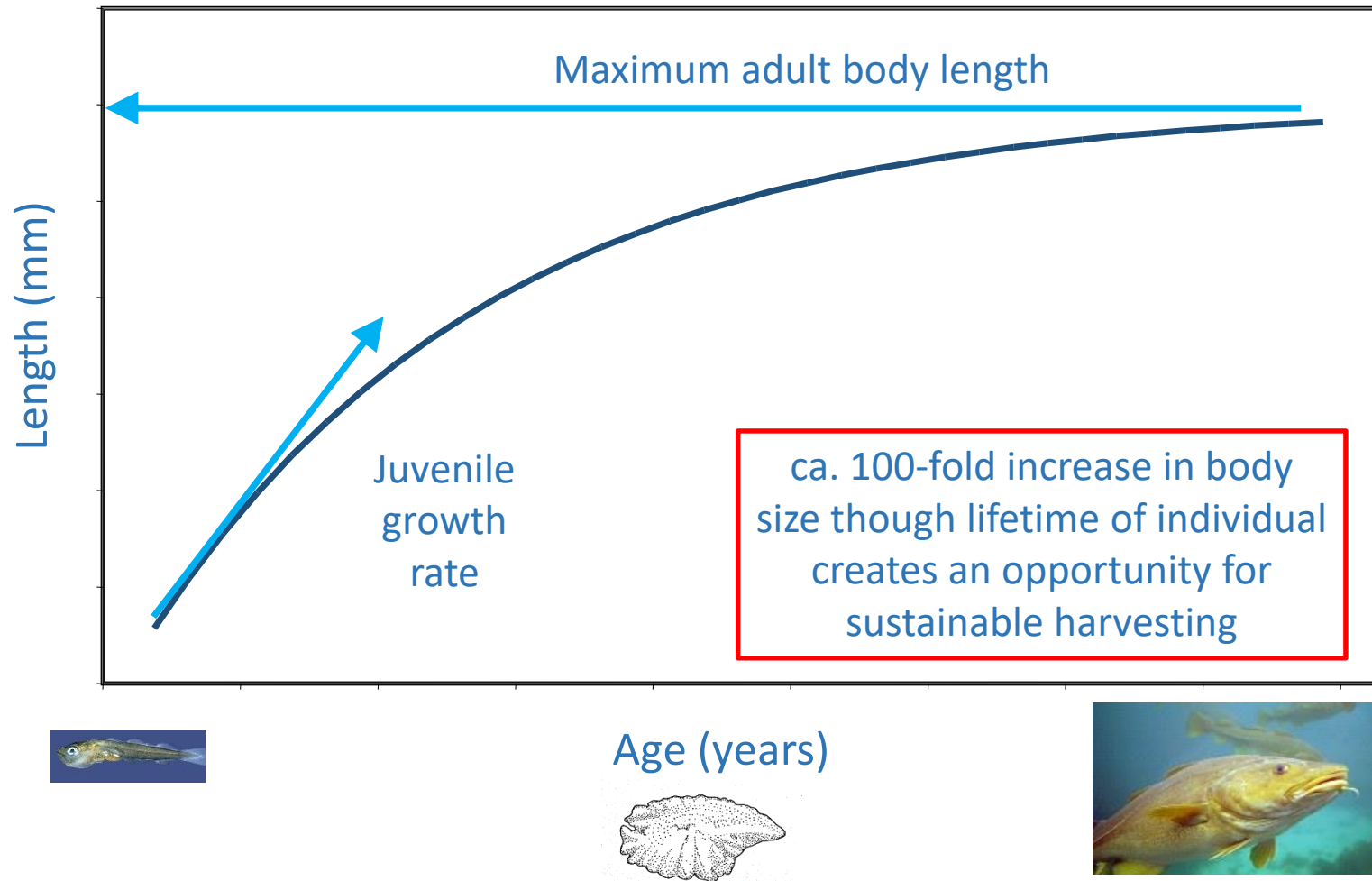


Factors impacting individual growth rates

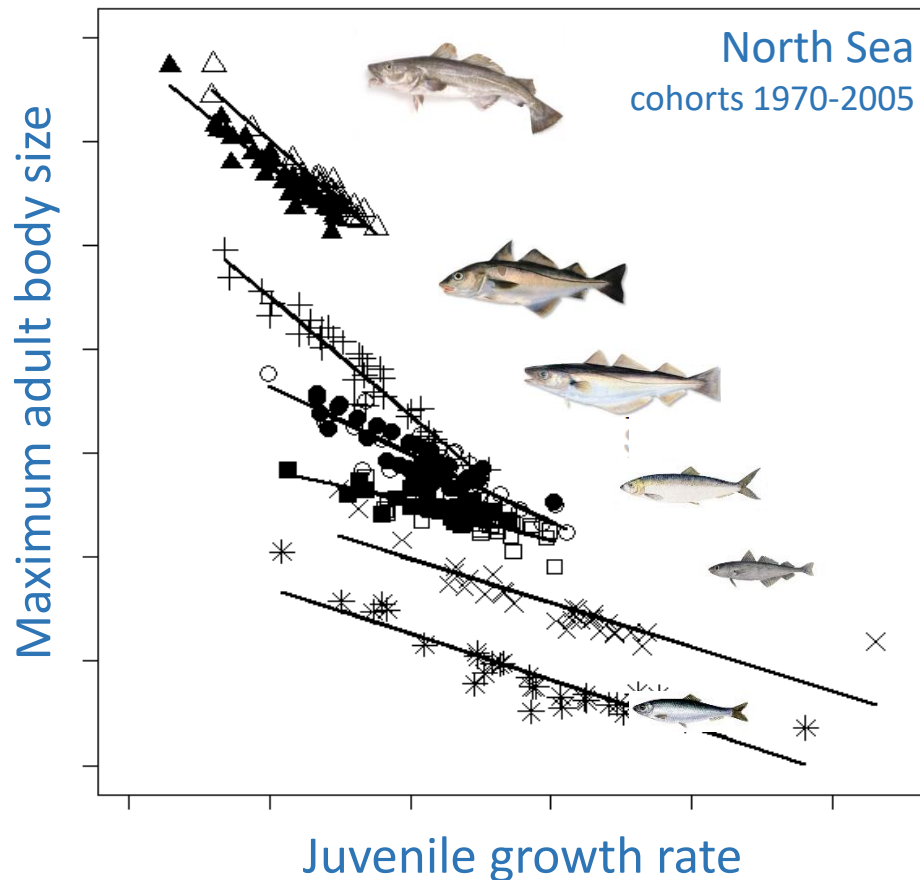
- genetics
- environment
 - food quality & quantity
 - temperature
- behaviour and biology
 - differences between ♂ and ♀
 - activity pattern
 - hierarchical behaviour
 - competition



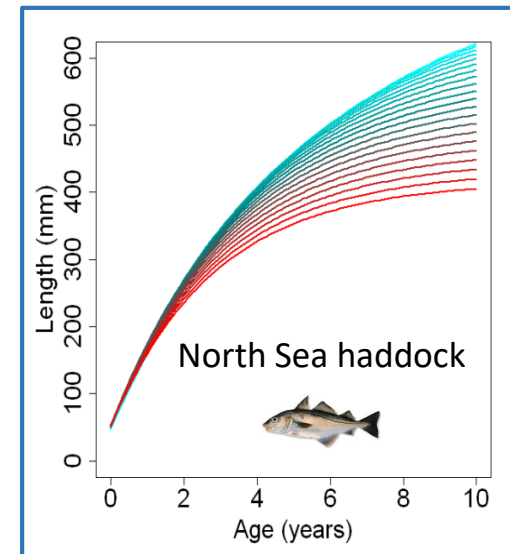
Individual growth rates



Warming temperatures in the North Sea impact growth rates



cohorts that are faster
growing as juveniles have
smaller adult body sizes



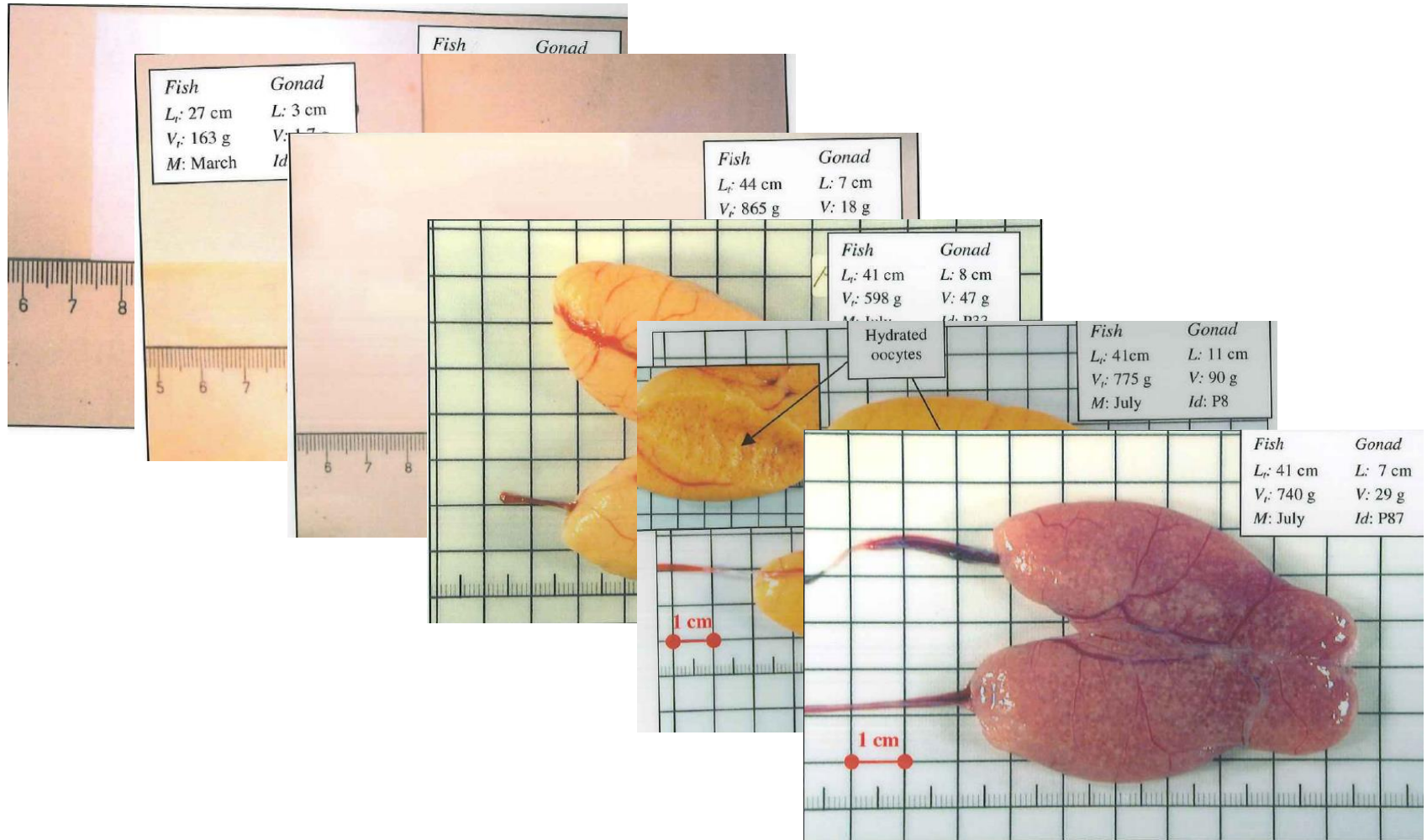
25%
decrease in
per capita
yield has
already
occurred



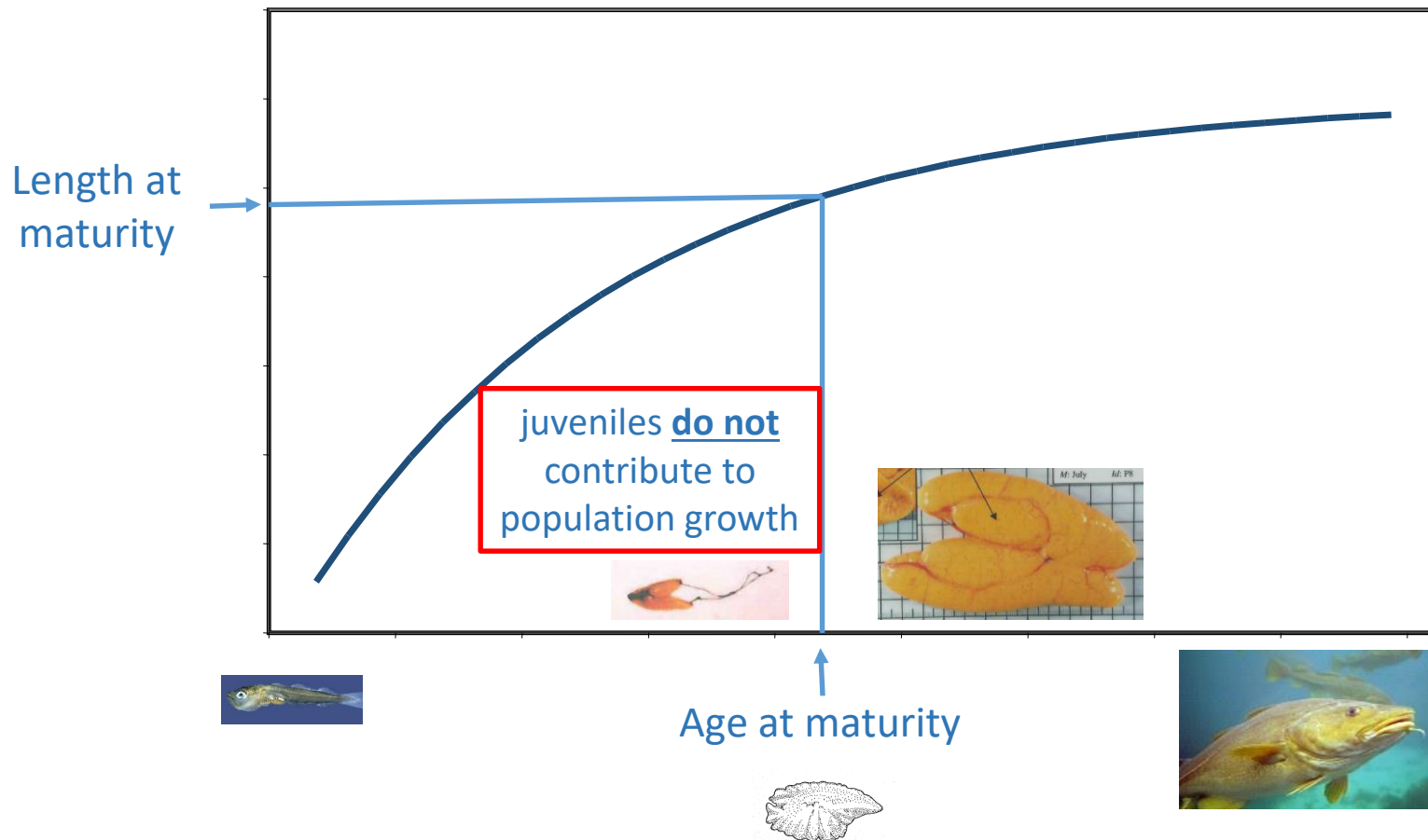
For fish the secret of growing big is growing *slowly* at colder temperatures



Vital Rate 2: Maturation rate

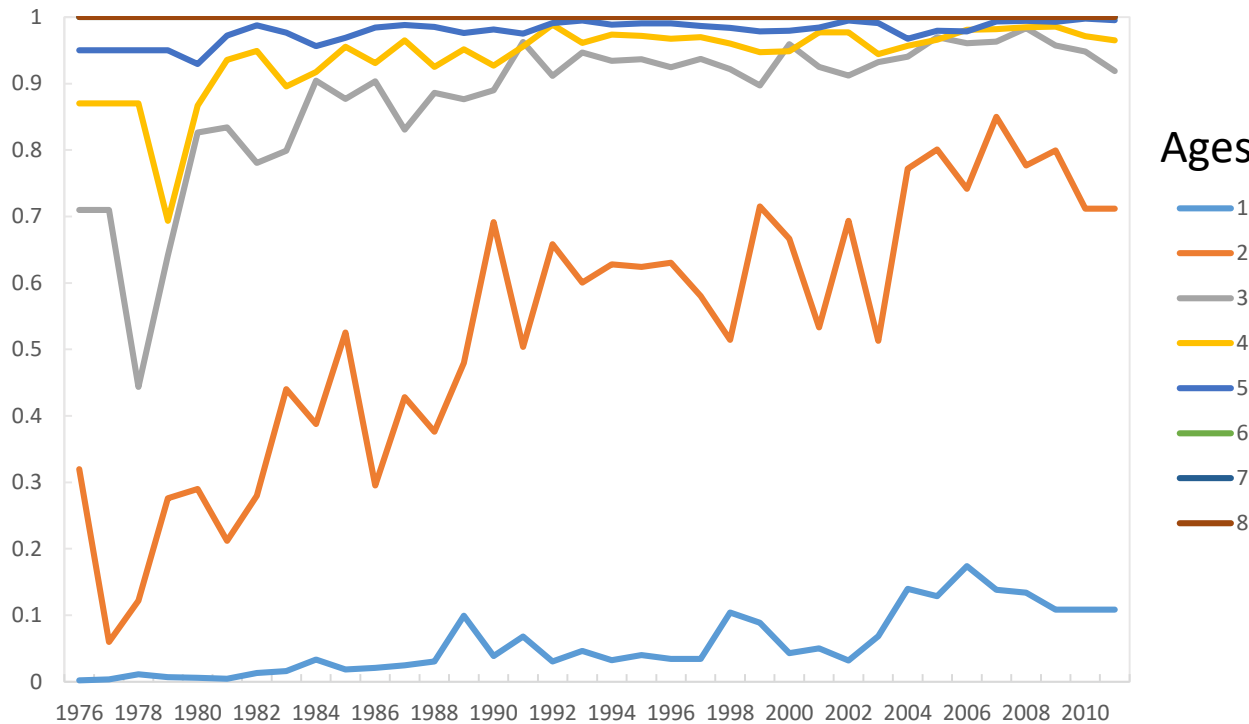


Maturation rate is how quickly the individual moves from juvenile to adult stage



Many fish stocks are maturing at younger ages
& smaller sizes (*faster* maturation rate)

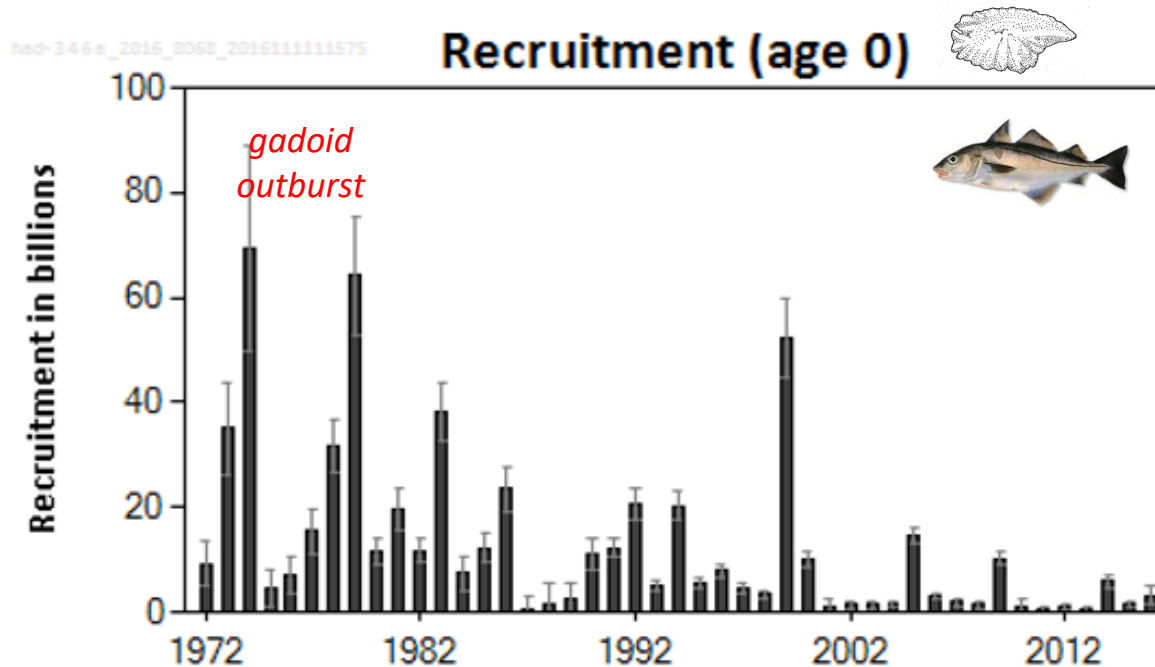
Proportion of the age class
that are mature



North Sea
haddock

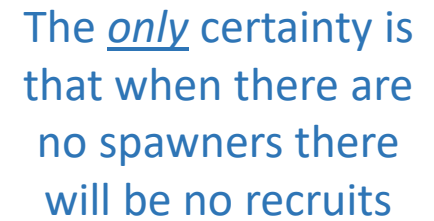
Data courtesy P. Wright MSS

Vital Rate 3: Recruitment rate



“Recruitment since 2000 has been characterized by a low average level with occasional larger year classes.”

Data for North Sea haddock from ICES WGNSSK 2016

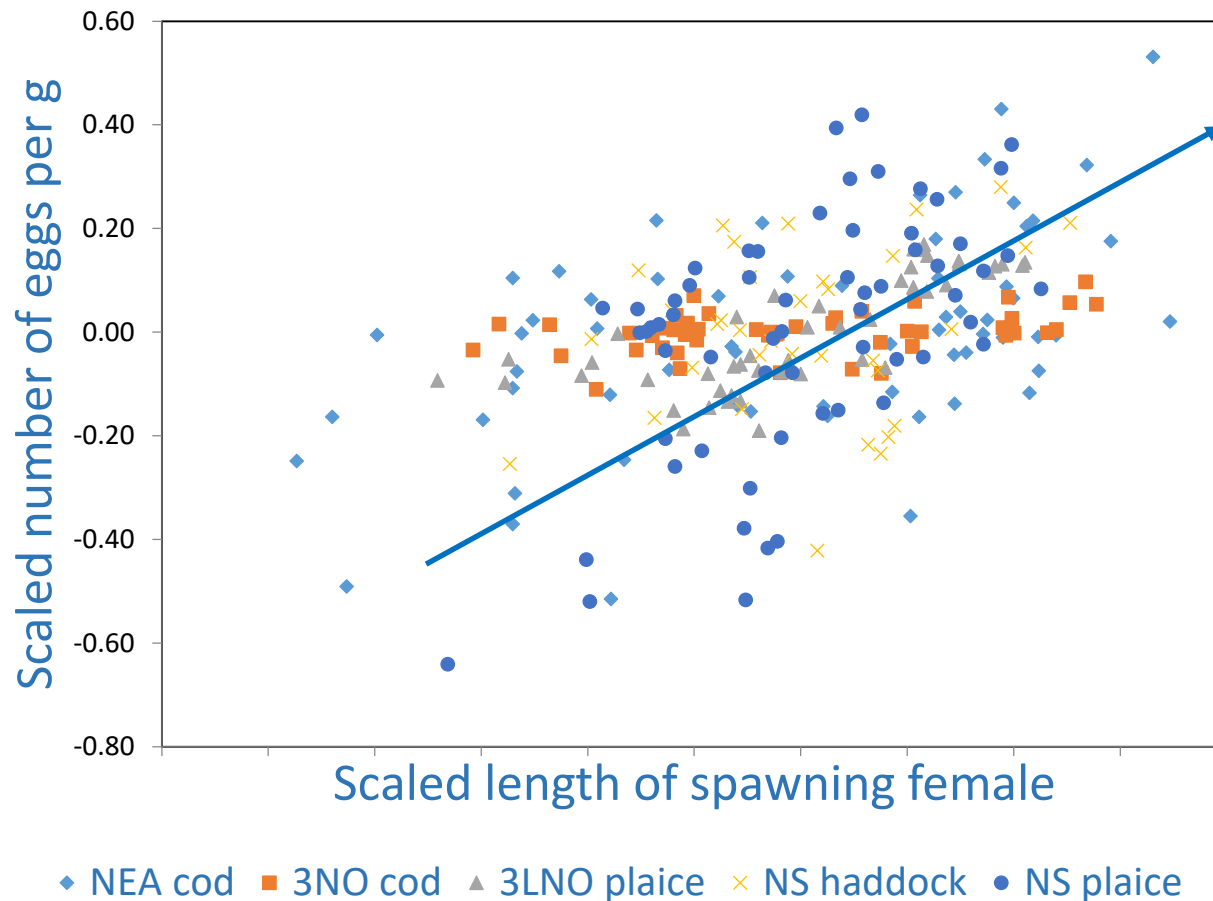


21

The lack of a clear relationship between spawning stock biomass and recruitment is the rock against which *SS Fisheries Science* founders

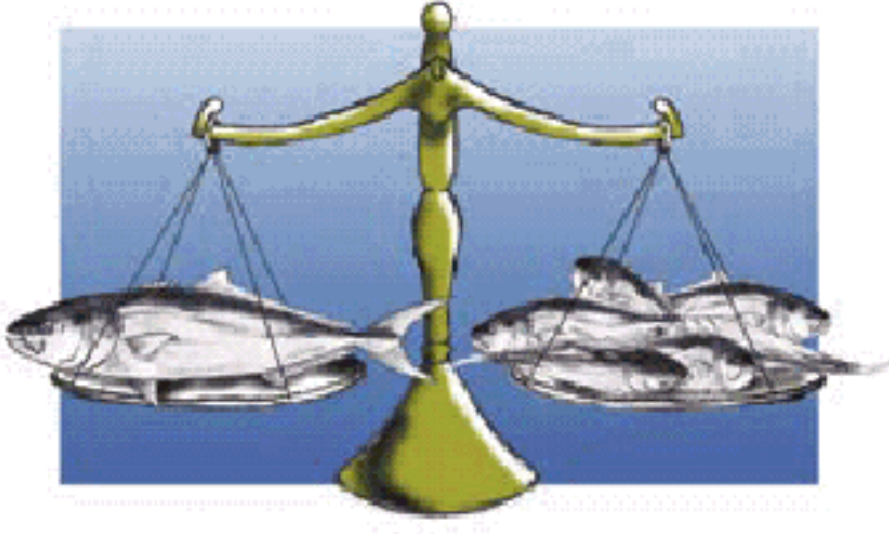


Bigger females produce proportionally more eggs



per gram body weight large females produce about **2X** the number of eggs that the small females do

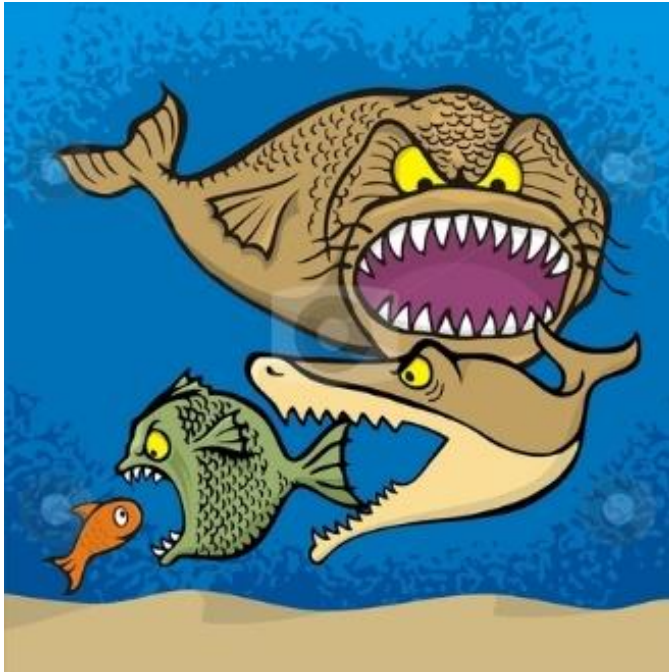
Protecting BOFFFs



- produce more eggs per g body weight
- produce more batches of eggs over a longer period of time (*“bet hedging”*)
- produce eggs that are better quality

Sustainable fishing should ensure that BOFFFs are well represented in the population

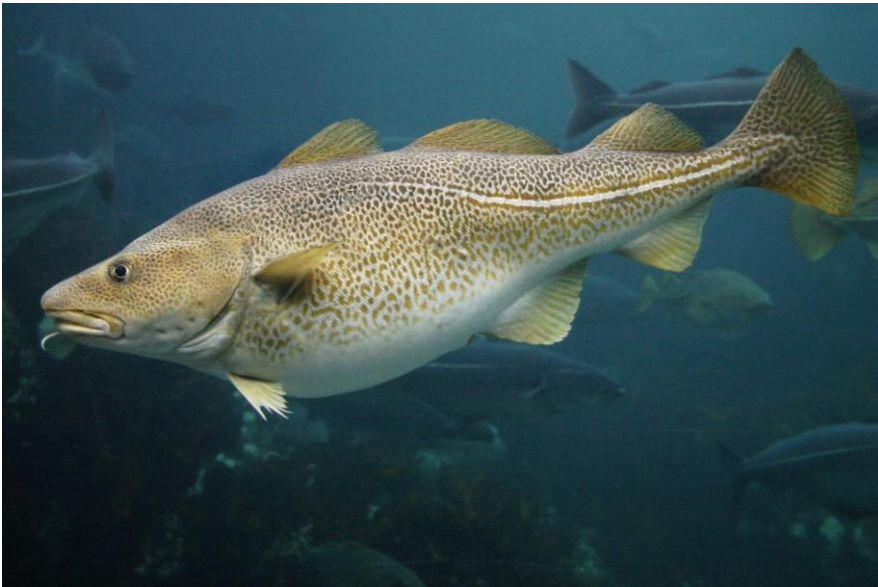
Vital Rate 4: Natural mortality rate



many causes of natural mortality
(predation, starvation, disease,
cannibalism)

difficult to estimate natural
mortality rates for stocks that are
being fished

The odds on cod

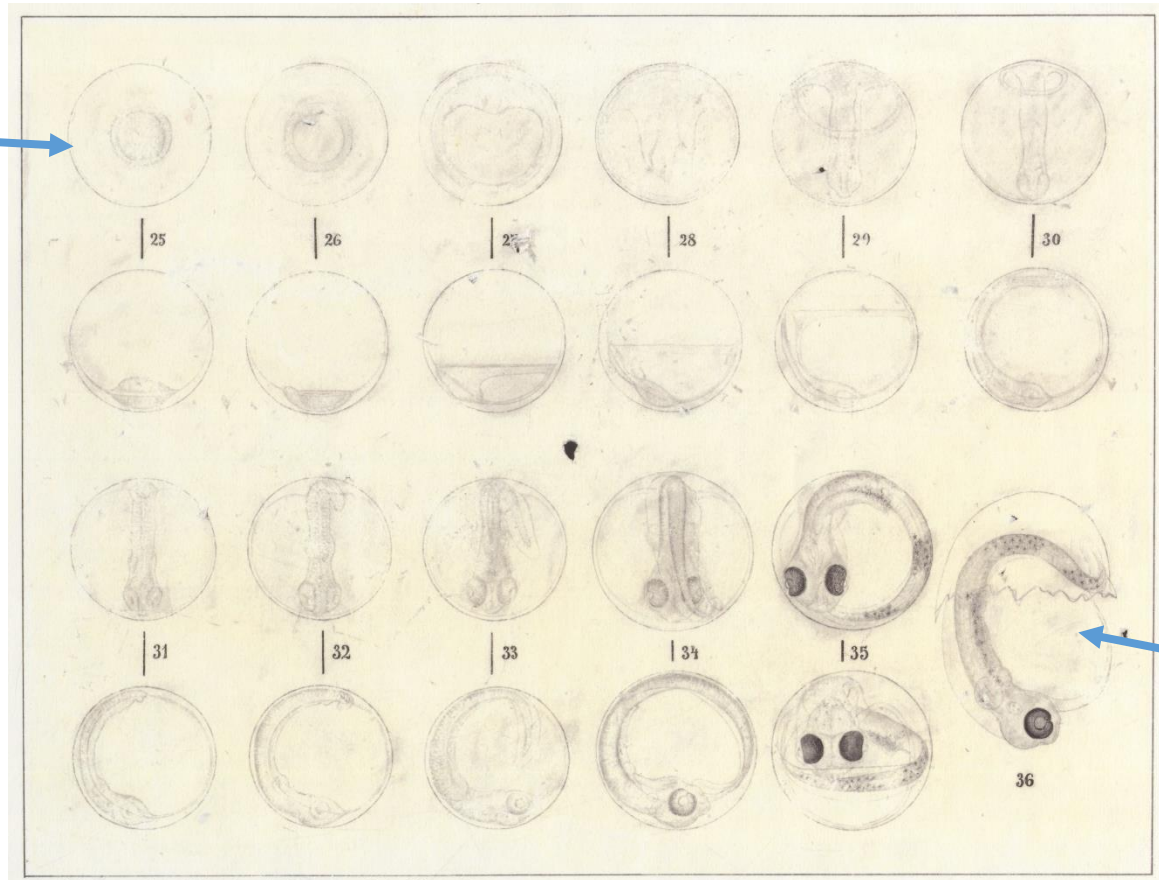


Life cycle of cod – the first weeks

day-old egg



G. O. Sars
father of ichthyoplankton
1837 - 1927

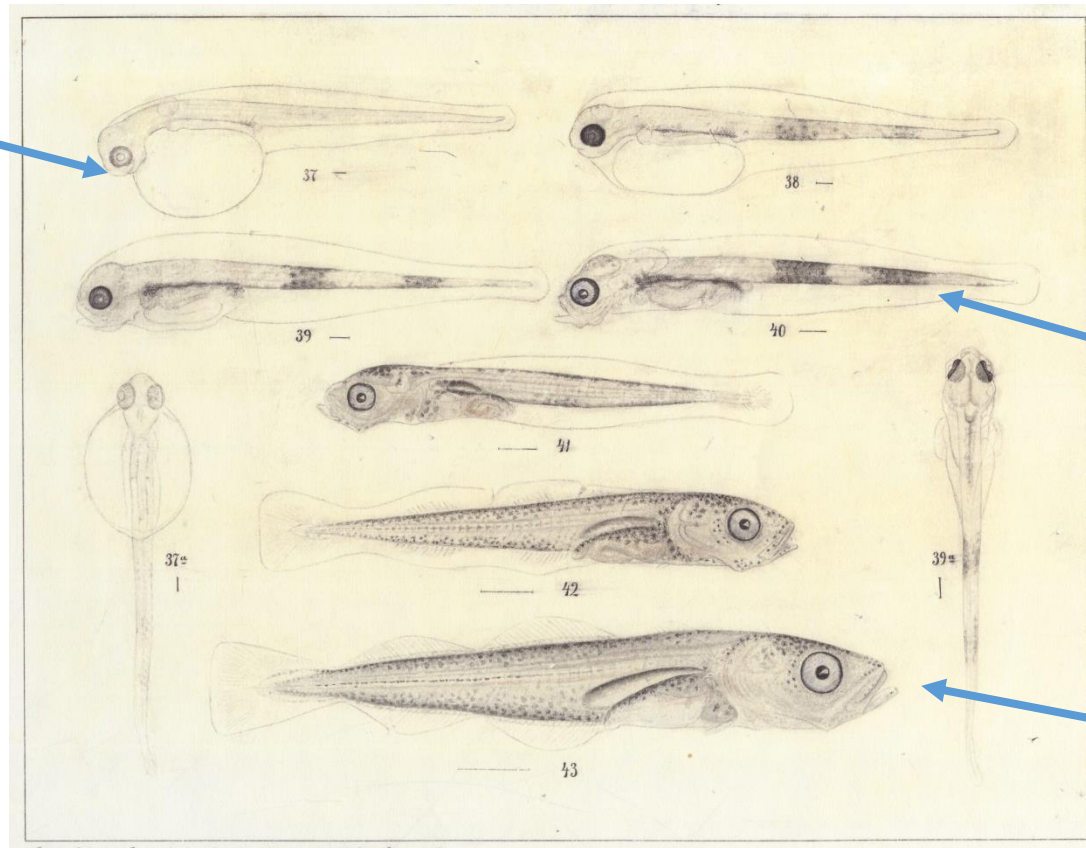


hatched larva



Life cycle of cod – the first year

yolk sac larva

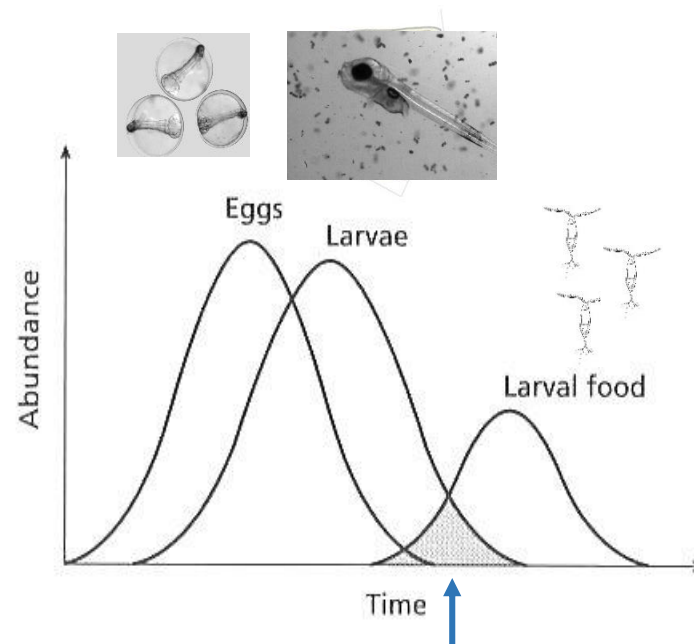


Critical stage

first-
feeding
larvae

juvenile

Larval survival depends on feeding success

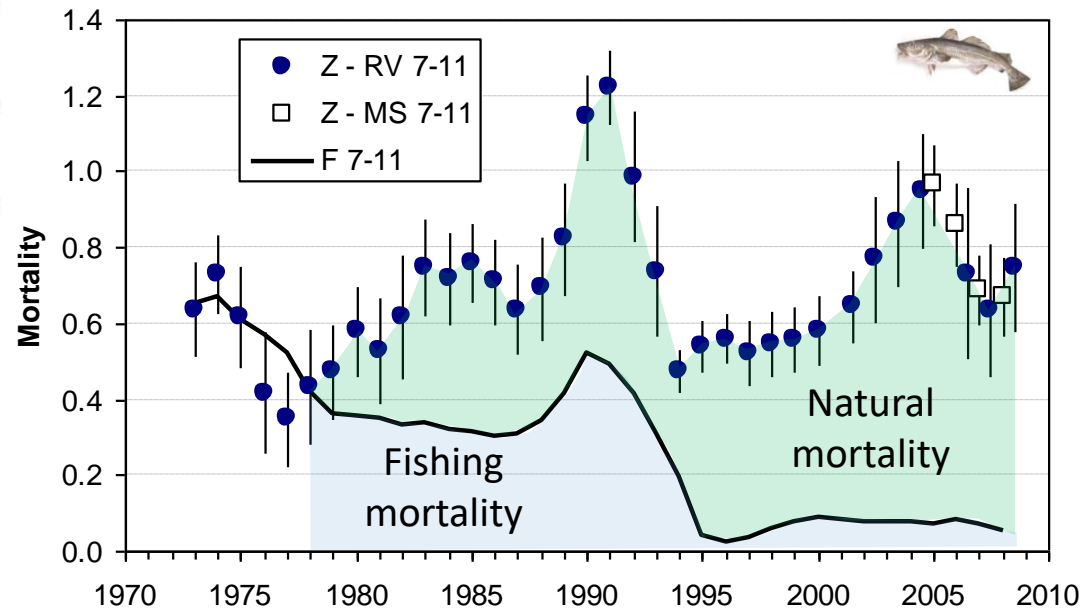


Shaded area shows overlap in time
("match") between first-feeding larvae
and their food during the "critical period"

Closed fisheries give scientists a unique opportunity to estimate natural mortality (*Why?*)



S. Gulf of St.
Lawrence



Are seals on the East coast the reason?

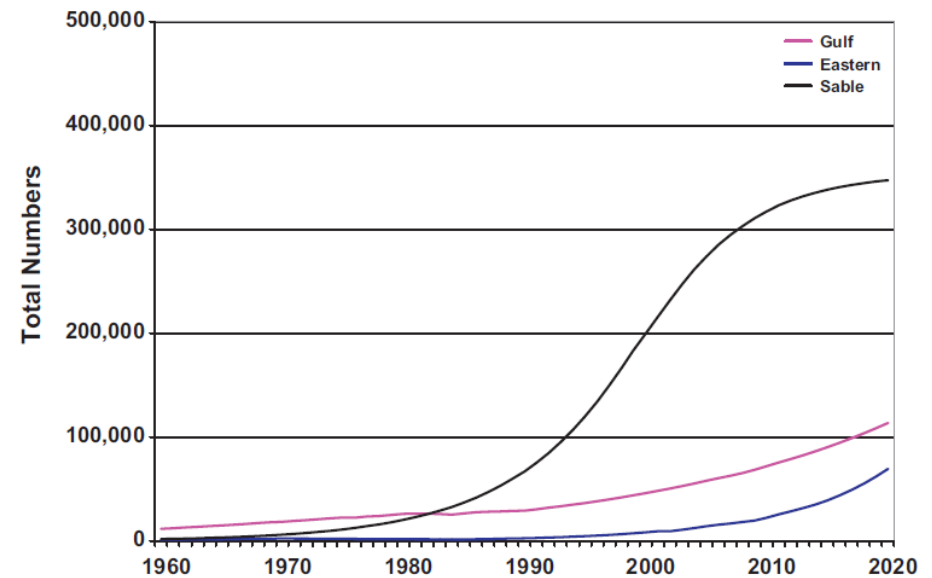


Fig. 4. Gulf, Eastern Shore and Sable grey seal herd total numbers during 1960–2020 as estimated and predicted using the population models.

Population size of seals on the East coast
of Canada

Vital Rate 5: Fishing mortality rate



STAY TUNED:
Stock Assessment & Modelling
Tomorrow!

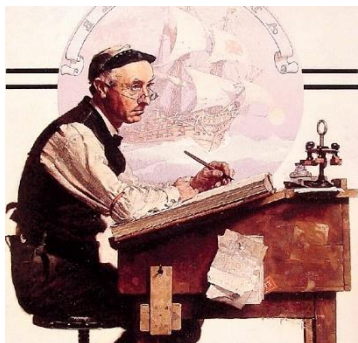
Simple rule for sustainable fisheries: ensure that fishing mortality is less than the natural mortality

Age	Natural Mortality
0	1.024
1	1.188
2	0.581
3	0.357
4	0.340
5	0.337
6	0.252
7	0.219
8	0.201
9	0.200
10	0.201
11	0.219
12	0.219
13	0.219
14	0.219
15+	0.219

Biological Reference Point for
fishing at MSY


$$F_{MSY} = 0.19$$

2016 ICES assessment for North Sea haddock



How do these five “vital” rates enter ICES stock assessment?

Recruitment rate



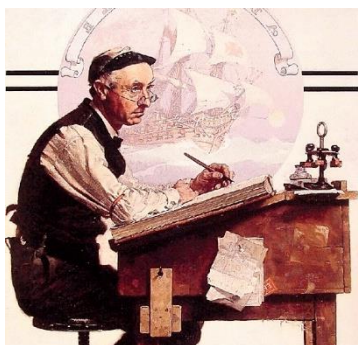
2015	Age	Numbers	Individual Weight	Proportion Mature	Natural Mortality	Fishing Mortality
	0	1488346	0.031	0	1.024	0.004
	1	2108931	0.145	0	1.188	0.040
	2	78915	0.417	0	0.581	0.412
	3	60264	0.561	1	0.357	0.453
	4	8929	0.752	1	0.340	0.355
	5	16608	0.698	1	0.337	0.503
	6	78677	0.631	1	0.252	0.367
	7	6862	0.685	1	0.219	0.166



Natural and Fishing Mortality rates

Growth rate

Maturation rate



How does stock assessment represent the biology of population growth in 2015?

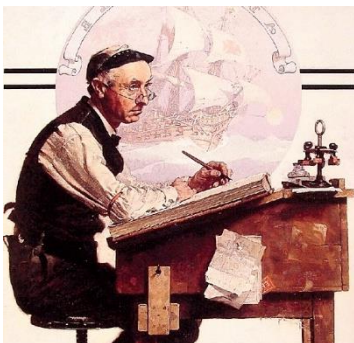
2015					
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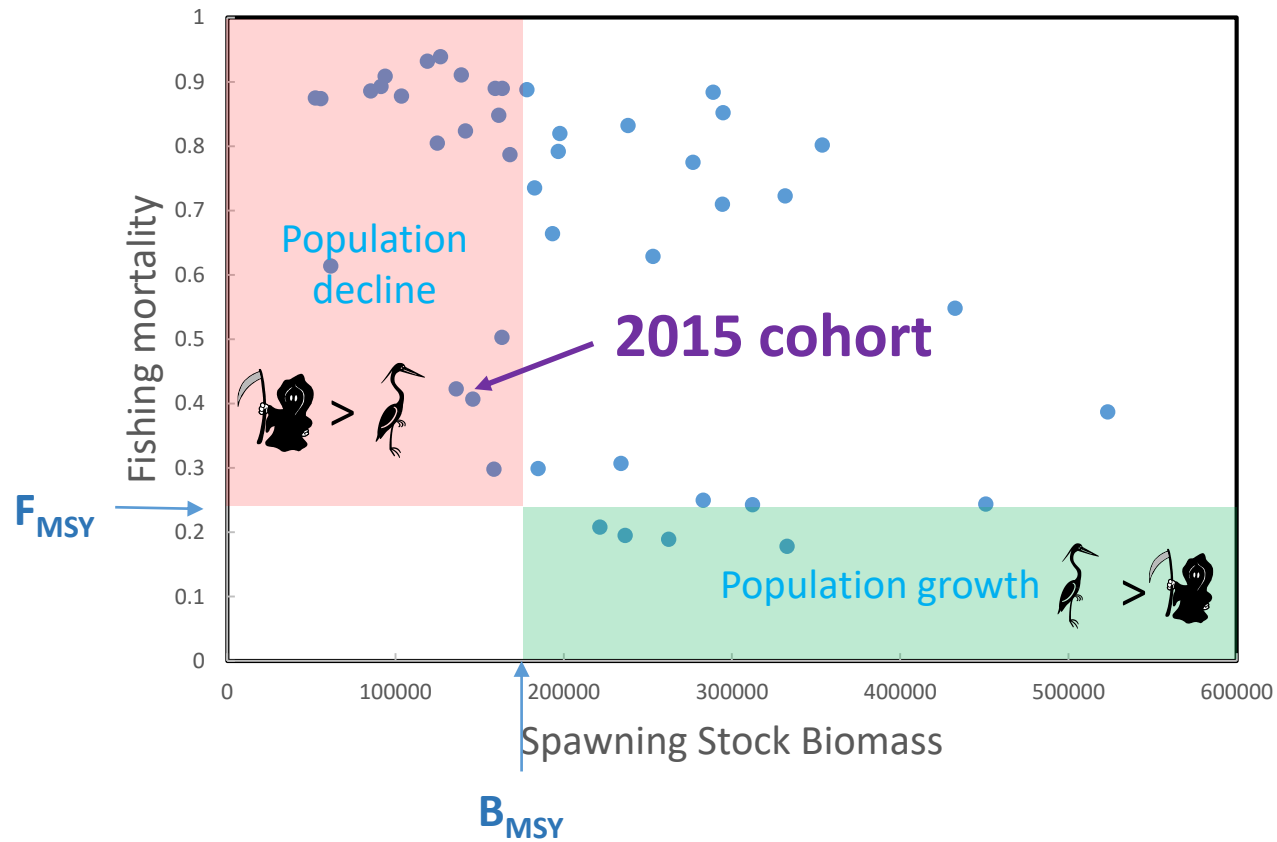
Average Fish Mortality
for ages 2-4
proxy for death rate in
2015



Spawning Stock Biomass
proxy for birth rate in 2015



2016 ICES assessment for North Sea haddock



But nature is unpredictable ...





Individual growth rate
Maturation rate
Recruitment rate
Natural mortality rate

*because these 4 vital rates
are inherently variable*



Fishing mortality rate

this rate must be variable

When fish stocks are depleted the impact of predation can be severe



Natural mortality rate

No spawners means no recruits

Recruitment rate



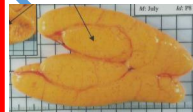
Biomass



Fishing mortality rate



Individual growth rate



Only mature individuals contribute to population growth
Bigger females (BOFFFS) produce proportionally more eggs

Fish body size increases by 100-fold over their life cycle
Warming temperatures mean fast juvenile growth but smaller adult size and lower *per capita* yields

sustainable fishing practices allow fish populations to achieve positive population growth under variable environmental and ecological conditions



What do you think sustainability
means now?



Questions?

